

Newsletter
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Project News



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Welcome to our seventh and final issue of *Promoting Healthy Skin*.

We have completed all our final visits to facilities. Thank you again to everyone involved in the organising and functioning of these visits, everyone's assistance has been greatly appreciated.



We have also been completing our other major task of developing resource materials and look forward to distributing the final packages to you all.

Brochures and Summary Guidelines

Our brochures and summary guidelines have been in facilities for a while now, but we have added to these with a brochure on Wound Assessment for health professionals and a Nutrition and Hydration brochure for health professionals.

Tip Sheets and Flowcharts

Copies of these resources have been provided to all facilities and lead CSIs. Thank you for your feedback and updated versions will be in the final packages of resources.

Self Directed Learning Package DVD

Michelle has done a huge amount of work in getting this package put together and we have appreciated your feedback. A copy of this DVD was provided to all participants of the CSI workshop so we would love all staff to have a look at it.

In September and October we will be putting together the final package of resources and providing these to all facilities. We would encourage all facilities to let us know how many final packages they require.

All brochures, summary guidelines, flowcharts and tip sheets are available in English and Mandarin so let us know if you would like any Mandarin versions.



TWILIGHT EDUCATION SESSIONS



Our final Twilight session was held at Jeta Gardens, Bethania and was a great way to wind up our final visits. We again included information on the project to date, followed by a seminar on Promoting Healthy Skin and Wound Care covering Fundamental Principles of Wound Management. It was a great success with many residents, community and health professionals attending along with 8 trade displays. We had fantastic feedback on all the Twilight sessions, with company representatives grateful for the opportunity to liaise with residents and community and also residents and community who had lots of questions for the company representatives. Health professionals who attended also enjoyed the information that was provided as well as the interaction with companies. Thank you everyone for all your assistance in organising these events and for the companies who attended for all your support. They would not have been such a great success if not for a lot of people's hard work.



Upcoming Events

Guest Seminar

Ellie Lindsay

'Promoting the health of patients' lower limbs through collaborative working'

Tuesday 26th October 2010, 2.30pm - 4.30pm

Room Q2.08, Level 2, QUT Health Clinics, 44 Musk Ave, Kelvin Grove, Qld. No cost.

RSVP Essential: Ph 31386107, or Email christina.parker@qut.edu.au

CSI Workshop



The CSI Workshop was held at Queensland University of Technology on Wednesday 21st July and Thursday 22nd July, 2010.

We had 16 facility staff members attend, along with Karen from the Aged Care Channel. We also had seven QUT project team members present during varying times over the two days.

The purpose of the workshop was to enhance networking between Champions from the residential facilities in this project, to develop additional skills in evidence based wound management, and to provide facility staff with some tools and resources to help ensure long-term sustainability of the project into the future.

We had some great talks from QUT staff, including Professor Bob Lonne who had some interesting statistics on each of the facility areas, Professor Helen Edwards and Kathy Finlayson led an interesting discussion on sustainability and Michelle shared some great information on wound care and then led us all in some interesting role plays and debates on wound care and leadership skills.

We had some fantastic feedback and hope that staff members from facilities were able to take back to their facilities some new ideas and additional skills.

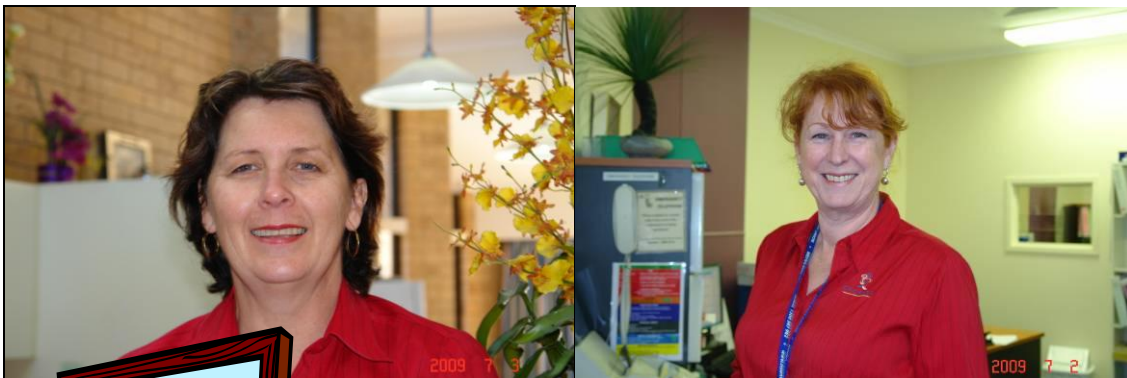
Thank you everyone for making it an interesting and productive two days.



Staff wound care survey Winners!



Overall Winner: Masonic Care, Sandgate



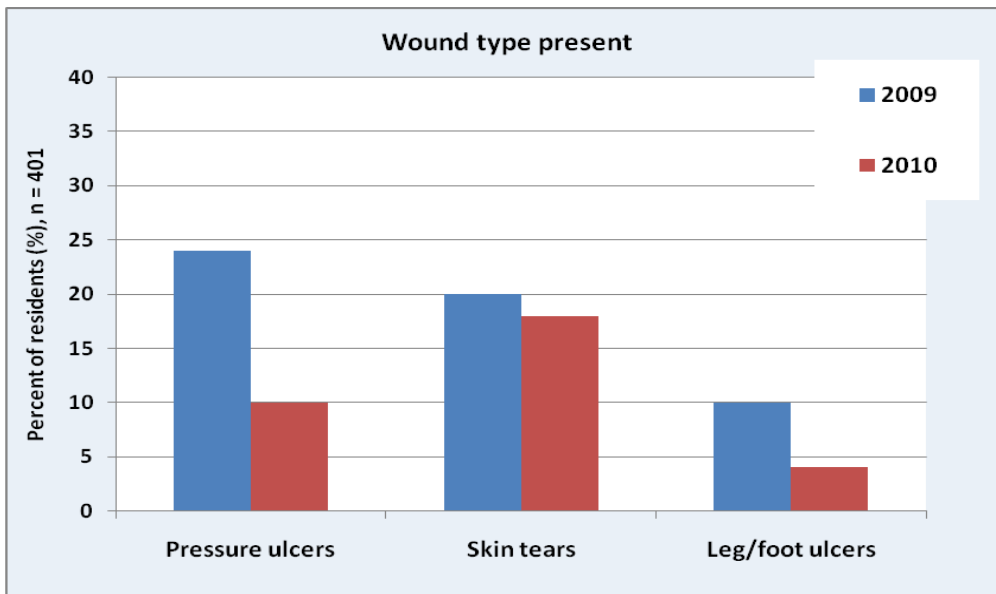
Crowley Nursing Home and Hostel, Ballina for also achieving a greater than 50% staff response rate.



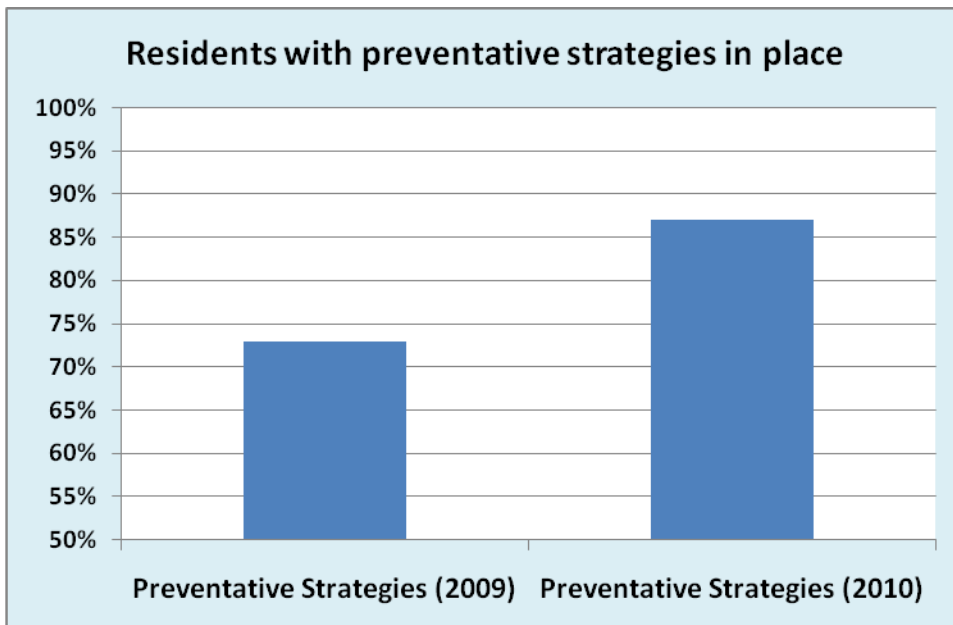
Project Results

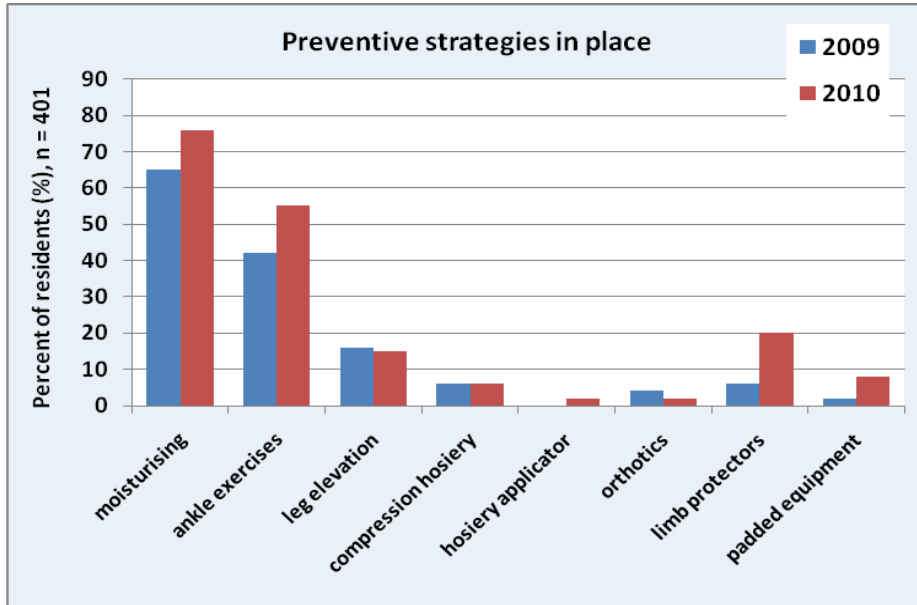
We have had some significant outcomes and achievements from this project. This would not have been possible without the contribution from Champions within the facilities, but also to all the residents that kindly let us look at their skin and talk with them, the family members who took time out to also talk with us and health professionals who assisted us whenever we needed it, so thank you and congratulations to everyone.

Most notable results have been in regards to skin integrity audits done on a random sample of residents over the seven facilities that we visited, for example, a decrease in the prevalence of wounds as shown in the graph below.



It was also important to note that preventative strategies have also increased within facilities.





More staff and residents are using an emollient or soap alternative for bathing to prevent drying of their skin (74% in 2010 as compared to 50% in 2009)



More residents are doing their ankle and calf exercises (55% of residents in 2010 as compared to 42% in 2009)



More residents have limb protectors/ protective clothing and padded equipment.

